**PATIENT INFORMATION**
**TRYNGOLZA® [trin-GOLE-zah]**
**(olezarsen)**
**injection, for subcutaneous use**

**What is TRYNGOLZA?**

TRYNGOLZA is a prescription medicine used along with diet to:

- Reduce triglycerides (fat in the blood) in the treatment of adults with a condition that keeps the body from breaking down fats called familial chylomicronemia syndrome (FCS).
- Reduce triglycerides and reduce the risk of acute inflammation of your pancreas (pancreatitis) in the treatment of adults with a condition marked by very high levels of triglycerides in the blood called severe hypertriglyceridemia (sHTG).

It is not known if TRYNGOLZA is safe and effective in children.

**Do not use TRYNGOLZA if:**

- you have had a serious allergic reaction to olezarsen or any of the ingredients in TRYNGOLZA. See the end of this Patient Information for a complete list of ingredients.

**Before using TRYNGOLZA, tell your healthcare provider about all of your medical conditions, including if you:**

- are pregnant or plan to become pregnant. It is not known if TRYNGOLZA can harm your unborn baby. Tell your healthcare provider if you become pregnant while using TRYNGOLZA.
- are breastfeeding or plan to breastfeed. It is not known if TRYNGOLZA passes into your breast milk and if it can harm your baby. Talk to your healthcare provider about the best way to feed your baby while using TRYNGOLZA.

**Tell your healthcare provider about all the medicines you take,** including prescription and over-the-counter medicines, vitamins, and herbal supplements.
Know the medicines you take. Keep a list of them to show your healthcare provider and pharmacist when you get a new medicine.

**How should I use TRYNGOLZA?**

- Read the detailed **Instructions for Use** that comes with your TRYNGOLZA single-dose autoinjector.
- Your healthcare provider will show you or your caregiver how to inject TRYNGOLZA the first time.
- TRYNGOLZA is injected under your skin (subcutaneous use) in your stomach area (abdomen) or the front of your upper legs (thighs). Only a healthcare provider or caregiver may give you an injection in the back of your upper arm.
- TRYNGOLZA should be injected 1 time each month.
- If you miss a dose, take the missed dose as soon as possible. Then inject TRYNGOLZA 1 month from the date of your last dose to get back on a monthly dosing schedule. If you have questions about your dosing schedule, ask your healthcare provider.
- Stay on your low-fat diet (less than 20 grams of fat each day if you have FCS) while using TRYNGOLZA.

**What are the possible side effects of TRYNGOLZA?**

- **Allergic reactions**: TRYNGOLZA can cause side effects including allergic reactions that may be serious. Allergic reactions can include redness of the skin, red itchy bumps (hives), swelling of the face, chills or trouble breathing. Stop taking TRYNGOLZA and call your healthcare provider or get emergency help right away if you have any of these symptoms.
- **Liver problems:** TRYNGOLZA can cause increases in liver enzymes and fat stored inside the liver. Your healthcare provider may do liver tests before you start taking TRYNGOLZA or if there is an increase in your dose. Tell your healthcare provider right away if you have the following symptoms of liver problems:
  - feeling tired or weak
  - right upper stomach discomfort
  - yellowing of the skin and eyes
  - loss of appetite
  - dark colored urine

**The most common side effects of TRYNGOLZA in people with FCS include:**

- injection site reactions (such as redness, itching, rash, or pain at the injection site)
- decreased platelet count (blood cells that help to clot blood)
- joint pain or stiffness

**The most common side effects of TRYNGOLZA in people with sHTG include:**

- injection site reactions (such as redness, itching, rash, or pain at the injection site)
- increased liver enzymes

These are not all the possible side effects of TRYNGOLZA. Tell your healthcare provider if you have any side effect that bothers you or that does not go away while taking TRYNGOLZA. Call your doctor for medical advice about side effects. You may report side effects to the FDA at 1-800-FDA-1088.

**How should I store TRYNGOLZA?**

- Store TRYNGOLZA autoinjector in the refrigerator between 36°F to 46°F (2°C to 8°C) in the original carton.
- TRYNGOLZA can also be stored at room temperature between 59°F to 86°F (15°C to 30°C) in the original carton for up to 6 weeks.
- **Do not** let TRYNGOLZA reach temperatures above 86°F (30°C).
- **Throw away** the TRYNGOLZA autoinjector if kept at room temperature **longer than 6 weeks**.
- **Do not** expose TRYNGOLZA autoinjector to heat.
- Protect from light.
- Keep the TRYNGOLZA autoinjector in the carton until ready to use.
- **Do not** store the autoinjector with the clear cap removed.

**Keep TRYNGOLZA and all medicines out of the reach of children.**

**General information about the safe and effective use of TRYNGOLZA.**

Medicines are sometimes prescribed for purposes other than those listed in a Patient Information Leaflet. Do not use TRYNGOLZA for a condition for which it was not prescribed. Do not give TRYNGOLZA to other people, even if they have the same symptoms you have. It may harm them. You can ask your pharmacist or healthcare provider for information about TRYNGOLZA that is written for health professionals.

**What are the ingredients in TRYNGOLZA?**
**Active ingredient:** olezarsen sodium.
**Inactive ingredients:** disodium hydrogen phosphate, sodium chloride, sodium dihydrogen phosphate to maintain pH and provide tonicity, and water for injection. The solution may include hydrochloric acid and/or sodium hydroxide for pH adjustment.

**Distributed by**: Ionis Pharmaceuticals, Inc., Carlsbad, CA 92010

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For more information, go to www.TRYNGOLZA.com or call 1-833-644-6647. If you still have questions, contact your healthcare provider.

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